



One Minute Commercial Template

Introduce yourself

Hi my name is _____

State what you are studying

I am attending MiraCosta College and majoring in/completing a certificate in _____

What are you looking for (your career interests/goals)

I will be looking for a position (or internship) in...

Relevant experience with a measurable result

Most recently I have been working as/interning in/volunteering at...

_____ where I have been...

(Achievements) _____

Ask for help/information or state how you can add value to the company

1. I am wondering if you could...(meet with me briefly for an informational interview/tell me about what it is like working at.../introduce me to...OR
2. Could I get your business card and contact you in the near future? OR
3. I believe I can add value to your company by...

Your one minute commercial: _____
