

**MiraCosta College - NonCredit and Adult High School
Instructional Hours**

ADULT HIGH SCHOOL CLASSES						
SUBJECT	CATALOG #	CLASS	COURSE CONTACT HOURS	#WKS	Intructional Hours	HS CREDITS AWARDED
HSAGT	10	AMERICAN GOVERNMENT	3.00	17	51	5
HSECN	10	ECONOMICS	3.00	17	51	5
HSENG	15	ENGLISH GRAMMAR 1	3.00	17	51	5
HSENG	16	ENGLISH GRAMMAR 2	3.00	17	51	5
HSENG	17	READING AND STUDY STRATEGIES	3.00	17	51	5
HSENG	21	ENGLISH 1	3.00	17	51	5
HSENG	22	ENGLISH 2	3.00	17	51	5
HSENG	23	ENGLISH 3	3.00	17	51	5
HSENG	25	ENGLISH 4	3.00	17	51	5
HSENG	40	INFORMATION LITERACY & COLLEGE	3.00	17	51	5
HSIFA	11	INTRO TO FINE ARTS 1	3.00	17	51	5
HSIFA	12	INTRO TO FINE ARTS 2	3.00	17	51	5
HSIFA	13	DIGITAL STORYTELLING	3.00	17	51	5
HSIFA	14	INTRODUCTION TO FINE ARTS 3	3.00	17	51	5
HSMTH	11	BASIC SKILLS MATH 1	3.00	17	51	5
HSMTH	12	BASIC SKILLS MATH 2	3.00	17	51	5
HSMTH	13	BASIC SKILLS MATH 3	3.00	17	51	5
HSMTH	20	ALGEBRA ESSENTIALS 1	3.00	17	51	5
HSMTH	21	ALGEBRA ESSENTIALS 2	3.00	17	51	5
HSMTH	30	GEOMETRY ESSENTIALS	3.00	17	51	5
HSSCI	11	PHYSICAL SCIENCE 1-CHEMISTRY	3.00	17	51	5
HSSCI	12	PHYSICAL SCIENCE 2-PHYSICS	3.00	17	51	5
HSSCI	21	LIFE SCIENCE 1A CELL BIOLOGY	3.00	17	51	5
HSSCI	22	LIFE SCIENCE 2-HUMAN ANAT/PHYS	3.00	17	51	5
HSSCI	23	LIFE SCIENCE 1B ANIMAL BIOLOGY	3.00	17	51	5
HSSCI	41	PHYS SCIENCE 3 - ENVIRONMENTAL	3.00	17	51	5
HSSCI	51	LIFE SCIENCE 3 - BIOTECHNOLOGY	3.00	17	51	5
HSUSH	11	US HISTORY 1	3.00	17	51	5
HSUSH	12	US HISTORY 2	3.00	17	51	5
HSWFP	11	APPLIED COMPUTER SKILLS	3.00	17	51	5
HSWHG	11	WORLD HIST AND GEOG 1	3.00	17	51	5
HSWHG	12	WORLD HIST AND GEOG 2	3.00	17	51	5

**MiraCosta College - NonCredit and Adult High School
Instructional Hours**

NONCREDIT CLASSES						
SUBJECT	CATALOG #	CLASS	COURSE CONTACT HOURS	#WKS	Intructional Hours	POTENTIAL HS CREDITS AWARDED
NCABE	70	JOB READINESS	3.00	17	51	
NCABE	90	ADULT BASIC ED: READING	3.00	17	51	5
NCABE	92	HS EQUIVALENCY PREPARATION	6.00	17	102	
NCABE	94	ABE: WRITING	3.00	17	51	5
NCART	11	PAINTING, INTERMEDIATE	2.75	17	46.75	
NCART	12	PAINTING, ADVANCED	2.75	17	46.75	
NCART	13	ACRYLIC PAINTING	2.75	17	46.75	
NCART	15	PORTRAIT FIGURE DRAW AND PAINT	2.75	17	46.75	
NCART	17	PAINTING AND DRAWING	2.75	17	46.75	
NCART	20	BASIC DRAWING AND SKETCHING	2.75	17	46.75	
NCART	31	WATERCOLOR PAINTING, BEG	2.75	17	46.75	
NCART	32	WATERCOLOR PAINTING, INT	2.75	17	46.75	
NCART	35	WATERCOLOR PAINT ON LOCATION	2.75	17	46.75	
NCART	70	MULTIMEDIA SCULPTURE	2.75	17	46.75	
NCBOT	10	BEGINNING KEYBOARDING	1.00	17	17	
NCBOT	11	ADVANCED KEYBOARDING	1.00	17	17	
NCBOT	12	TEN KEY	1.00	17	17	
NCBOT	20	WORD PROCESSING	3.00	17	51	
NCBOT	25	BASIC OFFICE SKILLS	1.00	17	17	
NCBOT	30	OFFICE SYSTEMS & PROCEDURES	3.00	17	51	
NCBOT	35	MANAGEMENT OFFICE SKILLS	1.00	17	17	
NCENG	15	ENGLISH GRAMMAR 1	3.00	17	51	
NCENG	16	ENGLISH GRAMMAR 2	3.00	17	51	
NCENG	17	READING AND STUDY STRATEGIES	3.00	17	51	
NCENG	21	THE SINGLE PARAGRAPH	3.00	17	51	
NCENG	22	BASIC COMPOSITION	3.00	17	51	
NCENG	23	INTERMEDIATE COMPOSITION	3.00	17	51	
NCENG	25	ADVANCED COMPOSITION	3.00	17	51	
NCENG	30	SENTENCE CRAFTING	3.00	17	51	5
NCENG	40	INFORMATION LITERACY	3.00	17	51	
NCENG	52	COLLEGE COMP SKILLS & SUPPORT	2.00	17	34	
NCESL	10	ESL, LEVEL 1	6.00	17	102	
NCESL	15	MULTILEVEL BEGINNING ESL	4.25	17	72.25	
NCESL	20	ESL CONV SKILLS FOR BEG	3.00	17	51	
NCESL	21	ESL, LEVEL 2	6.00	17	102	
NCESL	22	ESL, LEVEL 3	6.00	17	102	
NCESL	23	ESL READING & WRITING BEG	3.00	17	51	
NCESL	25	MULTILEVEL BEGIN-INTERMED ESL	4.25	17	72.25	
NCESL	29	LISTENING/SPEAKING-NON NATIVES	3.00	17	51	
NCESL	30	ESL CONVERS SKILLS FOR INTER.	3.00	17	51	
NCESL	31	ESL, LEVEL 4	6.00	17	102	
NCESL	32	ESL, LEVEL 5	6.00	17	102	
NCESL	33	ESL READING & WRITING INTER	3.00	17	51	
NCESL	35	MULTILEVEL INTERMED-ADV ESL	4.25	17	72.25	
NCESL	39	READING/VOCAB DEV-NON NATIVES	3.00	17	51	
NCESL	40	ESL, LEVEL 6	6.00	17	102	10
NCESL	45	ESL, LEVEL 7	6.00	17	102	10
NCESL	49	GRAMMAR FOR NON-NATIVE SPEAKER	3.00	17	51	5
NCESL	50	ESL, LEARNING LAB	6.00	17	102	
NCESL	53	ADV GRAMMAR FOR NN SPEAKERS	3.00	17	51	5
NCESL	55	INTRO ACAD WRIT MULTILING BKG	5.00	17	85	8.33
NCESL	57	INTRO COLL COMP MULTILING BKG	5.00	17	85	8.33
NCESL	62A	WORKPLACE ESL (INTERMEDIATE)	3.00	17	51	5
NCESL	62B	Workplace ESL (CTESL)	6.00	17	102	10
NCESL	62C	BRIDGE COLLEGE CAREER ESL ADV	3.00	17	51	5

**MiraCosta College - NonCredit and Adult High School
Instructional Hours**

NONCREDIT CLASSES						
SUBJECT	CATALOG #	CLASS	COURSE CONTACT HOURS	#WKS	Intructional Hours	POTENTIAL HS CREDITS AWARDED
NCESL	65	ESL CITIZENSHIP	6.00	17	102	
NCESL	81	BCDL NC ESL	3.00	17	51	
NCESL	82	COMPS, DIGITAL LITERACY ESL	3.00	17	51	5
NCHAS	12	WEIGHT MANAGEMENT	2.00	17	34	
NCHAS	70	BODY COND OVER EASY	4.00	17	68	
NCHAS	71	BODY CONDITIONING, OLDER ADULT	2.75	17	46.75	
NCHAS	81	TAI CHI CHUAN FOR SENIORS, BEG	3.00	17	51	
NCHAS	82	TAI CHI CHUAN FOR SENIORS, INT	2.00	17	34	
NCHAS	83	TAI CHI CHUAN FOR SENIORS, ADV	2.00	17	34	
NCHAS	85	CHAIR YOGA FOR OLDER ADULTS	2.75	17	46.75	
NCHLT	11	SPINAL FITNESS	4.00	17	68	
NCHLT	15	ARTHRITIS EXERCISE PROGRAM	2.75	17	46.75	
NCHLT	75	BALANCE AND MOBILITY	3.00	17	51	
NCMTH	11	BASIC SKILLS MATH 1	3.00	17	51	
NCMTH	12	BASIC SKILLS MATH 2	3.00	17	51	
NCMTH	13	BASIC SKILLS MATH 3	3.00	17	51	
NCMTH	20	ALGEBRA ESSENTIALS 1	3.00	17	51	
NCMTH	21	ALGEBRA ESSENTIALS 2	3.00	17	51	
NCMTH	30	GEOMETRY ESSENTIALS	3.00	17	51	
NCMUS	10	MUSIC APPRECIATION	2.75	17	46.75	
NCNUR	50	INTRO TO HEALTHCARE & CAREERS	5.00	17	85	
NCPAR	20	PARENT - TODDLER WORKSHOP	3.50	17	59.5	
NCPSY	11	SELF-AWARENESS THRU IMPROV	2.25	17	38.25	
NCPSY	13	IMPACT OF RADIO ON OUR LIVES	2.75	17	46.75	
NCSPC	25	EFFECTIVE LIFE SKILLS	10.00	17	170	
NCSPC	26	BASIC ACADEMIC SKILLS	5.00	17	85	
NCSPC	27	BASIC COMPUTER SKILLS 1	5.00	17	85	
NCSPC	28	BASIC COMPUTER SKILLS 2 IDD	5.00	17	85	
NCVOC	31	BEGIN MICRO WORD	1.50	17	25.5	
NCVOC	32	INTERMED MICRO WORD	1.50	17	25.5	
NCVOC	35	INTERNET	1.50	17	25.5	
NCVOC	37	MICROSOFT POWERPOINT	1.50	17	25.5	
NCVOC	38	COMPUTER BASICS/KEYBOARDING	1.50	17	25.5	
NCVOC	39	BEGIN MICRO EXCEL	1.50	17	25.5	
NCVOC	40	INTERMED MICRO EXCEL	1.50	17	25.5	
NCVOC	42	INTRO TO ARCHITECTURE	3.00	17	51	
NCVOC	43	INTRO CAREER ED	3.00	17	51	
NCVOC	50	BASIC AUTO TUNE-UP	3.00	17	51	
NCWFP	11	APPLIED COMPUTER SKILLS	3.00	17	51	5
NCWFP	21	EMPLOYABILITY SKILLS	6.00	17	102	
NCWFP	70	JOB READINESS FOR WORKPLACE	3.00	17	51	5
NCWRT	10	CREATIVE WRITING	2.75	17	46.75	
NCWRT	20	LIFE STORY WRITING	2.75	17	46.75	

Formula: Contact Hours * #Weeks (course multiplier) = Instructional hours