

Menu for Week of August 26th - August 29th

Managed by CulinArt Group, the café is open Monday - Thursday 8am - 2pm Chef Manager: Gustavo Cruz | Phone: 760.944.4449 ext. 7886 | Email: GCruz@culinartinc.com

MAKE THE CHOICE THAT'S RIGHT FOR YOU.



EM EAT WELL



LOCALLY SOURCED



VEGETARIAN



VG VEGAN

BREAKFAST LUNCH	WAKIN' UP GRILL	CITY GRILL	CHEF SPFCIAL	VEGGIN' OUT	SPINNING SALAD
MONDAY	Biscuits & Gravy 2 Freshly Baked Buttermilk Biscuits, Country Sauage Gravy, 2 eggs any style, Cheddar Cheese	Chicken Tacos Grilled Chicken, Pico de Gallo, Crispy Cheddar Cheese, Corn Tortillas, Chipotle Aioli	Steak Quesadilla New York Steak, Pico de Gallo, Cheddar Cheese, Chipotle Aioli	Veggies Protein Wrap Grilled Tofu, Garbanzo Beans, Black Beans, Roasted Corn, Ranch Dressing, Tomato, Shredded Lettuce	Salad Bar is
TUESDAY	Chorizo & Papa Burrito Local Chorizo, Cheddar Cheese, Potato, Eggs	Shrimp Quesadilla Grilled Tiger Shrimp, Cheddar – Jack Cheese, Pico de Gallo	Chicken Fajita Mac 'n' Cheese Bell Peppers, Onion, Cheese Sauce, Elbow Macaroni	Soyrizo Quesadilla Soy Chorizo, Black Beans, Cheddar Cheese, Roasted Corn, Pico de Gallo	Available Monday - Thursday Greens: Spinach, Arugula or Green/Red Romaine Grains: Farro or Quinoa
WEDNESDAY	Croque Monsieur Bechamel Sauce, Ham, Swiss Cheese, Brioche Bread, Parmesan Cheese	Piggy Tots House made Camitas, Tater Tots, Cheddar Cheese, Green Onion, Chipotle Aioli	Penne Pasta and Bolognese Sauce Penne Pasta, House made Bolognese Sauce, Parmesan Cheese, Garlic Bread	Hummus Pita Wrap Vegetarian Meatless Meat, Tomato, Shredded Lettuce, Taziki Suace	Fresh Cut Veggies: Avocado, Bell Peppers, Cucumber, Red Onion, Shredded Carrots and Tomatoes Fruit, Nuts, Other: Black Beans, Chickpeas, Cranberries, Edamame
THURSDAY	Italian Breakfast Frittata Cheddar Cheese, Bacon, Potato, Eggs, Green Onion	Orange Chicken House made Orange Sauce, Crispy Chicken, Broccolini, Jasmine Rice	Shrimp Stir Fry Tiger Shrimp, Steamed Jasmine Rice, Edamame Bean	Veggie Stir Fry Cherry Tomato, Carrots, Broccolini, Purple Cauliflower, Sugar Snap Peas, Tofu	Proteins: Grilled Chicken, Chicken, Grilled Tofu, Tuna, Carnitas, Chorizo, Soyrizo House Dressings: Balsamic, Ranch, Caesar, Pomegranate

