

MiraCosta College (MCC) Certified Nursing Assistant (CNA) Program Information Flyer

Oceanside Campus
One Barnard Drive., Building T4818
Oceanside, CA 92056
(760) 757-2121, ext. 6466
www.miracosta.edu/Instruction/nursing

PREREQUISITES

- (1) ACE 50, ESL 150, or equivalent
- (2) BLS Provider CPR Card
by American Heart Association (AHA)

BEFORE you are eligible to enroll into NURS 60, You must apply to MiraCosta, clear the English requirement, **AND** bring your American Heart Association BLS Provider CPR Card to the Admissions & Records Office, OC 3300.

NOTE: Prerequisites can take 24-48 hours to process.

**< Submit all following documents
in pdf file or picture to canvas >**

Applicants on the enrolled list have access to canvas.

Applicants on the waitlist, ask for the add code to mfore@miracosta.edu for the class/access to canvas.

- Assignment tabs are ready for you to upload
- No email, mail, in-person submission is acceptable
- ALL required documents must be submitted 2 weeks prior to the first day of the course (Example: Due is 01/09/2023 for the class starting on 01/23/2023)
- Failure to comply will result in being dismissed

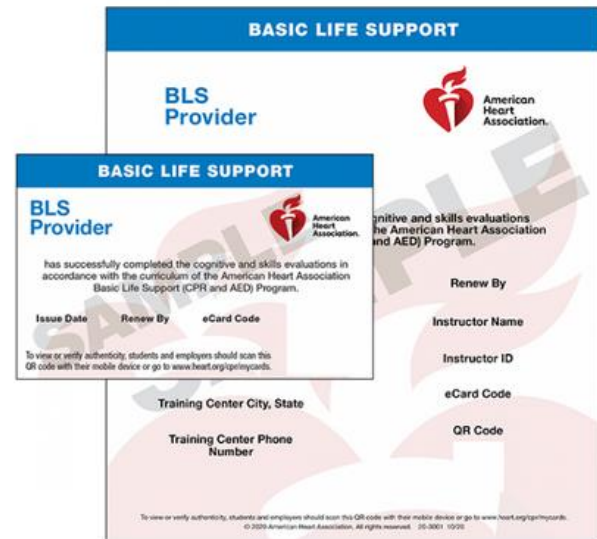
- 1) The one-page **CNA application** with contact information and signature
- 2) MiraCosta College nursing **physical form** completed **within 90 days** prior to the first day of class
- 3) **Active** American Heart Association **BLS Provider CPR Card** (See the picture on the right side)
- 4) “Current” season **Flu** documentation
Summer session applicants are not required flu vaccine. Fall quarter 1 applicants will be required as soon as the vaccine is available in the market
- 5) **COVID-19 vaccination & booster** documentation (If the applicant is not due for the second dose or booster shot yet, it is the applicant’s responsibility to receive & inform the instructor with the proof of vaccination)
- 6) TB clearance **within 1 year** with one of three options:
 - 2 step PPD skin test (allow enough time)
 - Chest x-ray (if positive (+) with two step skin test)
 - QuantiFERON GoldMiraCosta college is NOT responsible to share medical advice on the details of 2-step PPD test. For more details: [Information - CDC website](#)

- Government issued photo ID (No need to submit but required for state exam and background check on day 1)
- Valid Social Security Card (No need to submit but required for state exam)

CPR CARD INFORMATION

Please call the American Heart Association Customer Service Center at 1-877-AHA-4CPR or www.eLearning.heart.org for details.

Only AHA issued CPR card will be accepted for satisfying the prerequisite. A letter from the instructor will not suffice.



Students who successfully complete the Certified Nurse Assistant course will be eligible to take the state certifying exam which will be arranged each quarter.

Textbook and more class materials **will be provided by** MiraCosta College each quarter for Fall 2022, Spring 2023, by the grant received from Arthur N. Rupe Foundation.

MCC Health Services Information

Call (760) 795-6675 for an appointment.

Hours of operation are posted on website at:

www.miracosta.edu/StudentServices/HealthServices

The confirmation of required paperwork submission is 100% student’s responsibility that there will be no confirmation notification to the candidates individually.

If you have any questions, please contact Administrative Support Assistant at (760) 757-2121 (Ext. 6466).

MIRACOSTA COLLEGE
CERTIFIED NURSING ASSISTANT (CNA) Program (NURS 60)

NAME _____ STUDENT ID NO. _____
 LAST FIRST MIDDLE

PLEASE COMPLETE FOR STATISTICAL PURPOSES ONLY:

- ____ American Indian or Alaskan Native
- ____ African-American
- ____ Asian or Pacific Islander
- ____ Hispanic
- ____ Filipino
- ____ White
- ____ Other

Check the language(s) in which you are fluent:

- ____ American Sign
- ____ Spanish
- ____ Tagalog
- ____ Arabic
- ____ Chinese
- ____ Farsi
- ____ Russian
- ____ Various languages of Indian Subcontinent and Southeast Asia
- ____ Other (please describe) _____

GENDER ____ Male ____ Female

SOCIAL SECURITY NUMBER _____

PHONE NUMBER: _____

HOME ADDRESS: _____

(Make it readable)

EMAIL ADDRESS: _____

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- Assignment tabs are ready for you to upload
- No email, mail, in-person submission is acceptable
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- Failure to comply will result in being dismissed
- Table below is to help your preparation. You are not required to fill out this table.
-

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 Fall quarter 1 applicants will be required as soon as the vaccine is available in the market.
- 5) **COVID-19 vaccination & booster** documentation accordingly to [CDC guidance](#)
 If the applicant is not due for the second dose or booster shot yet, it is the applicant’s responsibility to receive & inform the instructor with the proof of vaccination.

COVID-19 vaccination series	Dose #1	Dose #2	Booster #1	Booster #2
Name of vaccine (Ex: Pfizer/Moderna/J&J/Novavax)				
LOT number				
Date received				

- 6) TB clearance **within 1 year** with one of three options:
 MiraCosta College is NOT responsible to share medical advice on the details of 2-step PPD test.
 For more details: [Information - CDC website](#)
 - Two step PPD skin test (allow enough time)

	Test #1	Test #2
Date test received		
Site test received (Ex. left arm)		
Date test read		
Test result / Initial (Ex. Negative / C.M.)		

- Chest x-ray (if positive (+) with two step skin test)

Date x-ray taken	
Impression	<input type="checkbox"/> normal <input type="checkbox"/> abnormal

- QuantiFERON Gold

Blood sample taken (=test date)	
Result	<input type="checkbox"/> negative <input type="checkbox"/> positive

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**MiraCosta College
Physical Evaluation**

Student's/Patient's name: _____ Date of birth: _____

Legally assigned name: _____

Date of this physical examination: _____

Medical History

Do you have or have had in the past:

Condition	Yes	No	If yes, please explain
Seizures or neurological disorder(s)			
Eye, ear, nose or throat disorder(s)			
Diabetes, thyroid or other endocrine disorder(s)			
Muscle, bone or joint disorder(s)			
Asthma or respiratory disorder(s)			
Heart or circulation disorder(s)			
Skin disorder			
Gastrointestinal disorder(s)			
Psychiatric disorder(s)			

Previous Hospitalizations or Surgical History (date and reason):

Current Medications:

Negative T.B. is required. Please submit lab results.

Is patient currently pregnant? Yes No

Allergies: _____

Physical Examination

This is a physical evaluation for occupational ability and is not to be interpreted as a diagnostic medical examination. The Essential Functions Required of Nursing Students (page 2) must accompany this form.

Height: _____ Weight: _____ B/P _____ P _____ HR _____ temp _____

Ears, nose, and throat: _____

Neck: _____ Lymph Nodes: _____

Skin: _____

Heart: _____ Lungs: _____

Abdomen: _____

Extremities: _____

Neurological: _____

Can this student perform the essential motor and sensory functions (see reverse side of form) required of nursing students? Yes No If no, please explain on reverse side.

Physician's Name: _____

Physician's Signature: _____

Address: _____

ESSENTIAL FUNCTIONS REQUIRED OF NURSING STUDENTS

MOTOR CAPABILITY:

1. Move from room to room and maneuver in small places.
2. Transfer patients who may require physical assistance.
3. Guard and assist patients with ambulation.
4. Lift and carry up to 35 pounds.
5. Squat, bend/stoop, reach above shoulder level, kneel, use standing balance, and climb stairs.
6. Use hands repetitively; use manual dexterity.
7. Adjust, apply, and clean therapeutic equipment.
8. Perform CPR
9. Travel to and from academic and clinical sites.
10. In the average clinical day, students sit 1-2 hours; stand 6-7 hours, travel 1-2 hours.

SENSORY CAPABILITY:

1. Coordinate verbal and manual instruction.
2. Assess a patient 10 feet away to observe patients posture and response to treatment.
3. Respond to a timer, alarm, or cries for help.
4. Monitor vital signs.
5. Auditory, visual, and tactile ability sufficient to assess patient status and perform treatments (Example: color changes in skin, hear heart and lung sounds).

COMMUNICATION ABILITY:

1. Communicate effectively in English with patients, families, and other health care providers, both verbally and in writing (Example: explain treatment procedures, teach patient and families, document in charts).
2. Effectively adapt communication for intended audience.
3. Interact and establish rapport with individuals, families, and groups from a variety of social, emotional, cultural and intellectual backgrounds.
4. Assume the role of a health care team member.
5. Function effectively under supervision.

PROBLEM SOLVING ABILITY:

1. Function effectively under stress.
2. Respond effectively to emergencies.
3. Adhere to infection control procedures.
4. Demonstrate problem-solving skill in patient care (measure, calculate, reason, prioritize, synthesize data).
5. Use sound judgment and safety precautions.
6. Address problems or questions to the appropriate person at the appropriate time.
7. Organize and prioritize tasks.
8. Follow policies and procedures required by clinical and academic settings.